



ECS Approved **Health & Safety Course**



MJ Training Solutions

Safety Pass Alliance



Training Course



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Course Overview

The SPA Health & Safety Core Day is an approved ECS Health & Safety exemption, there is no additional tests required to complete the application process for the Labourer Card.



This interactive, one-day training provides a solid foundation in workplace health and safety for contractors, employees, and casual workers. Covering key topics like hazard awareness, safe working practices, and risk management, the SPA H&S Core Day helps raise safety standards across the industry.

The certification is recognised by the Electrotechnical Certification Scheme (ECS) and supports both new applications and renewals for the ECS Labourers Card. Holding this card enables supervised site access and is often the first essential step toward employment in the electrical sector.

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Topics Covered

The Safety Pass Alliance (SPA) Core Training is designed to enhance health, safety, and environmental awareness.

The training day covers fundamental health and safety principles applicable across various industries, covering the following 6 core modules:

- Organising for Safety: Legal duties, hazard control, enforcement roles, and supporting vulnerable workers.
- The Workplace: Safe environments, hidden services, working at height, asbestos, confined spaces, and permits.
- Tools, Plant, and Machinery: Safe use of equipment, managing energy risks, and workplace transport safety.
- Health: Managing hazardous substances, manual handling, noise, stress, and musculoskeletal issues.
- Procedures: Emergency planning, first aid, and following safety systems.
- The Environment: Environmental responsibilities, waste management, and emergency response planning.



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How to Enrol

Enrolling in the SPA Health & Safety Core Day training course is designed to be straightforward and accommodating.

Start by reviewing the course calendar on our website, select the dates that align with your schedule. For group bookings, we offer the flexibility to arrange additional dates; please contact us to discuss your specific requirements.

Any Questions

Get in Touch



01934 752 500



contact@mjtrainingsolutions.co.uk



QUALIFICATION

ECS Approved H&S Course



ENTRY REQUIRMENTS

No formal entry requirments



DELIVERY METHOD

Online using MS Teams One Day
0830hrs - 1600hrs



PRICE

Only £174.00 Inc VAT

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